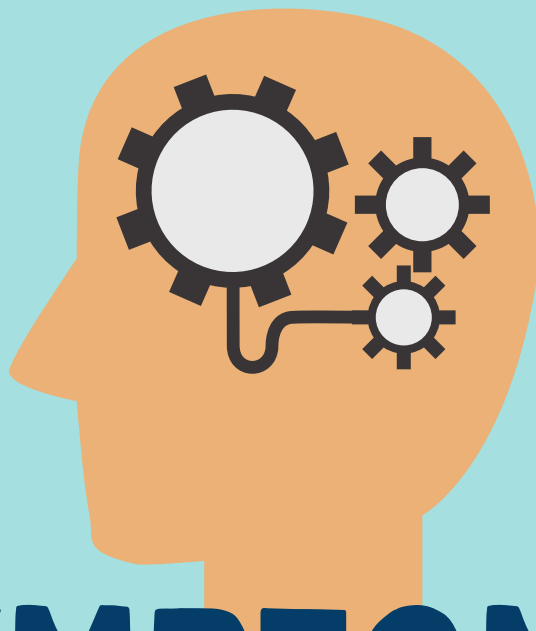




SYMPTOMS OF GENERAL ANXIETY

1

FEELING RESTLESS/ON EDGE

2

EASILY FATIGUED/
DIFFICULTY WITH SLEEP

3

DIFFICULTY CONCENTRATING/
MIND GOING BLANK

4

BEING IRRITABLE

5

MUSCLE TENSION

6

DIFFICULTY CONTROLLING
FEELINGS OF WORRY