

LET'S EXPERIMENT WITH A LITTLE KINDNESS....



SECRET PALS



PARTICIPATE IN A SCHOOL-WIDE GIFT EXCHANGE.
MARCH, APRIL, MAY, & JUNE

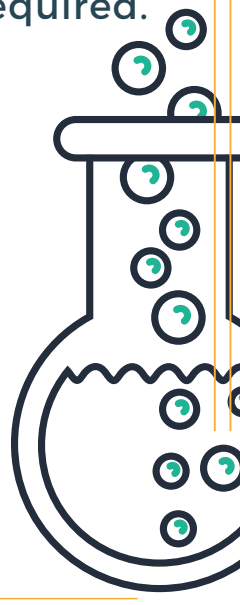
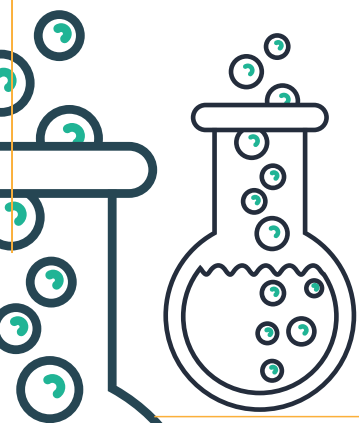
Hypothesis: Showing kindness will create smiles & boost staff morale!

Materials: 1 selfless organizer, email, 1 sheet of paper, 1 paper bag.

Procedure:

- Speak to your administrator about running the program.
- Create an email message setting the guidelines and send it to the entire staff. Include a Google doc with participant preferences. See Attached.
- Designate one person as the organizer, who will **not** have Secret Pal.
- Collect names & preferences via email. Write names and place them in a paper bag. Print preference pages and put them in a manila envelope.
- Visit participants with a smile and ask them to draw a name from the paper bag then select that person's preference sheet from the envelope, & email the organizer their gift recipient.
- The organizer makes a chart of 2 columns (1) Secret Pals (2) Gift recipients for reference. An occasional email reminder may be required.
- Feel free to use the pages in this email or create your own.
- Have FUN!

Host a breakfast for participants in
June to unveil their Secret Pal.
Consider recognizing the organizer
with a little treat.



LET'S EXPERIMENT WITH A LITTLE KINDNESS....



SECRET PALS



PARTICIPATE IN A SCHOOL-WIDE GIFT EXCHANGE.
MARCH, APRIL, MAY, & JUNE (UP TO \$10/MONTH)

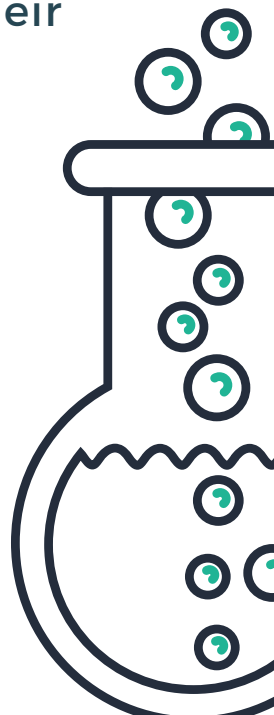
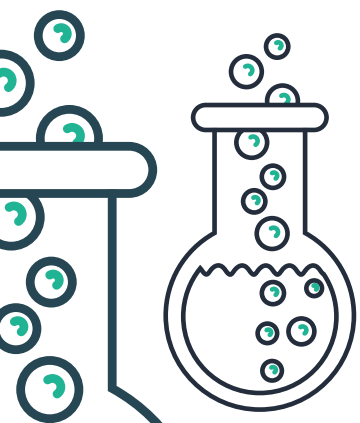
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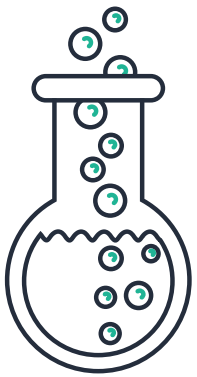
Materials: \$10/month & the desire to make some one's day!

Procedure:

- Reply to the email that you are interested in participating by March 10th.
- Complete a preference sheet to guide your Secret Pal.
- As a Secret Pal, you will be asked to randomly pick the name of your gift recipient. Then you will receive a copy of their preference sheet.
- Have fun secretly surprising your person.

We will hold a staff breakfast in June
for the Secret Pals to reveal
themselves!!





Kindness experiment

SECRET PAL PREFERENCES

**Let your Secret Pal get to know you a bit better
by sharing the following...**

Name:

Home address (Optional):

Favorite Food Treats:

Interests:

Sources of Inspiration:

Other ideas/information:

**Remember 1 secret surprise (about \$10)-
March, April May, & June**

Smile & Have FUN!!

